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Phase 2 study design and analysis approach for BBT-877: an autotaxin inhibitor targeting idiopathic pulmonary fibrosis

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ABSTRACT

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Sujin Jung; sujinagnes312@gmail.com **Introduction** Proof-of-concept (POC) studies are vital in determining the feasibility of further drug development, primarily by assessing preliminary efficacy signals with credible endpoints. However, traditional POC studies in idiopathic pulmonary fibrosis (IPF) can suffer from low credibility due to small sample sizes and short durations, leading to non-replicable results in larger phase III trials. To address this, we are conducting a 24-week POC study with 120 patients with IPF, using a statistically supported sample size and incorporating exploratory CT-based imaging biomarkers, to support decision-making in the case of non-significant primary endpoint results. This approach aims to provide data to enable a robust decision-making process for advancing clinical development of BBT-877.

Methods and analysis In this phase II, double-blind, placebo-controlled study, approximately 120 patients with IPF will be randomised in a 1:1 ratio to receive placebo or 200 mg of BBT-877 two times per day over 24 weeks, with stratification according to background use of an antifibrotic treatment (pirfenidone background therapy, nintedanib background therapy or no background therapy). The primary endpoint is absolute change in forced vital capacity (FVC) (mL) from baseline to week 24. Key secondary endpoints include change from baseline to week 24 in %-predicted FVC, diffusing capacity of the lung for carbon monoxide, 6 min walk test, patientreported outcomes, pharmacokinetics and safety, and tolerability. Key exploratory endpoints include eLungbased CT evaluation and biomarker-based assessment of pharmacodynamics.

Ethics and dissemination This study is being conducted following the Declaration of Helsinki principles, Good Clinical Practice guidance, applicable local regulations and local ethics committees. An independent data monitoring committee unblinded to individual subject treatment allocation will evaluate safety and efficacy data on a regular basis throughout the study. The results of this study will be presented at scientific conferences and peer-review publications. **Trial registration number** NCT05483907.

INTRODUCTION

Idiopathic pulmonary fibrosis (IPF) is a severe interstitial lung disease characterised

WHAT IS ALREADY KNOWN ON THIS TOPIC

⇒ Idiopathic pulmonary fibrosis (IPF) is characterised by progressive fibrosis, a high mortality rate and few effective treatment options. Proof of concept studies in IPF has not always translated into successful phase III clinical trials.

Respiratory research

WHAT THIS STUDY ADDS

⇒ A description of the rationale, study design, methods and analysis plan for a phase II, double-blind, placebo-controlled study of BBT-877 in patients with IPF, either alone or in addition to background antifibrotic treatment (nintedanib or pirfenidone).

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

⇒ This phase II study design is expected to influence future research methodologies and clinical trial practices by providing a robust framework for studying IPF. Additionally, once the ongoing trial with BBT-877 is completed, the research methods will ensure the credibility of the findings and will inform future clinical trial design.

by progressive scarring of the lung and a high mortality.¹ The existing antifibrotic medications, pirfenidone and nintedanib attenuate the rate of annual lung function decline in individuals with IPF by approximately 50% but do not halt the disease process or improve quality of life.²³ Both drugs are associated with notable side effects, which may be mitigated by dose reduction. Given the limited effectiveness of these currently approved treatments, there is an urgent need for novel therapeutic approaches.

Autotaxin (ATX), also known as ectonucleotide pyrophosphatase/phosphodiesterase family member 2, has lysophospholipase D activity that produces lysophosphatidic acid (LPA), a key lipid-signalling molecule. LPA binds to specific receptors (LPARs) on target

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Figure 1 BBT-877 is a small-molecule compound that suppresses inflammation and fibrosis by reducing LPA production through the selective inhibition of autotaxin. 1. On lung injury, a high level of LPA is produced; 2. autotaxin catalyses the conversion of LPC to a bioactive LPA; 3. LPA binds to LPAR (receptor on myofibroblasts) and triggers a signalling cascade resulting in migration, activation and release of additional mediators; 4. excessive LPA activates myofibroblasts; 5. activated myofibroblasts secrete ECM proteins (scarring) that disrupt normal organ architecture and function. Various cellular responses include rapid production of new cells, inflammation, deposition of fibrous connective tissues, and migration of cells. ATX, autotaxin; ECM, extracellular matrix; IPF, interstitial pulmonary fibrosis; LPA, lysophosphatidic acid; LPAR, LPA receptor; LPC, lysophosphatidylcholine.

cells, mediating responses crucial to the development of conditions such as cancer and fibrosis by promoting cell motility, survival and proliferation.⁴ Preclinical studies highlight the ATX-LPAR pathway as a promising target for treating pulmonary fibrosis, including IPF. Pharmacological inhibition of ATX and LPAR1 leads to decreased lung fibrosis, vascular leakage and mortality while LPAR2 deficiency improves outcomes in rodent fibrosis models.^{5–7}

BBT-877, a potent ATX inhibitor (figure 1), has demonstrated strong inhibition of LPA-mediated chemotactic effects with low cytotoxicity in in vitro and in vivo studies.⁸ Three phase I clinical studies were conducted involving 132 healthy volunteers exposed to BBT-877. The most frequently reported adverse events (AEs) were headache and back pain, with the majority of AEs being mild in severity. There were no clinically notable treatment-related trends observed regarding clinical laboratory evaluations, vital signs, ECG or physical examination results in these studies. There were no deaths or serious AEs, and no subjects discontinued due to AEs.⁸

This phase II proof of concept (POC) study seeks to address the unmet medical needs in IPF treatment by evaluating the potential of BBT-877 as a novel therapeutic option for individuals with IPF.

In the landscape of pharmaceutical development, POC studies serve as a crucial step in determining the feasibility of further clinical development programmes. These studies are designed to assess preliminary efficacy signals through highly credible endpoints, providing a foundation for go/no-go decisions. The frequency of phase III trial failures, despite promising results in earlier phases in IPF,^{9–12} underscores the importance of ensuring that efficacy results are replicable in larger sample sizes. Traditional phase II studies, typically limited to 12 weeks and small sample sizes, often lack the statistical power to provide robustly reproducible efficacy results.

To address these challenges, we describe a 24-week phase II POC study involving 120 patients with IPF. The study duration is 24 weeks, and the sample size is determined based on anticipated forced vital capacity (FVC) change. Additionally, we have incorporated exploratory endpoints including AI-based CT biomarkers to add confidence to the go/no-go decision-making process and to hedge against potential variability of FVC data. e-Lung (Brainomix, Oxford) imaging biomarkers, including the weighted reticulovascular score (WRVS), are generated for each CT scan by applying a validated AI-based convolutional neural network algorithm. e-Lung has been associated with a higher likelihood of a relative decline in lung function of 10% over 52 weeks in patients with IPF.¹² In one study, WRVS has shown to change over time, with a difference of 3% being associated with a subsequent increased risk of death.¹³

Our primary objective is to evaluate the efficacy of BBT-887 in individuals with a centrally adjudicated diagnosis of IPF. With a relatively extended duration of 24 weeks, an increased sample size based on statistical rationale, and a comprehensive set of secondary endpoints, this Phase II study aims to generate robust data to guide future development decisions. This approach is expected to provide a range of complementary results that will increase the likelihood of ensuring a positive phase III programme assuming success criteria are met.

METHODS AND ANALYSIS

Study design

This phase II, double-blind, placebo-controlled study is designed to evaluate the efficacy, safety and tolerability of

BBT-877 in patients with IPF (NCT05483907). Approximately 120 patients will be randomised in a 1:1 ratio to receive placebo or 200 mg of BBT-877 two times per day with the use of an interactive response system (IXRS). Randomisation will be stratified into three groups according to background use of an antifibrotic treatment at screening (without antifibrotic background therapies, with pirfenidone background therapy and with nintedanib background therapy). The study comprises an up to 6-week screening period; a 24-week treatment period and a post-treatment follow-up period of 4weeks (figure 2).

Patient and public involvement

Patients and members of the public were not involved in the design, conduct, reporting or dissemination plans of this research.

Patient population

Patient eligibility criteria are described in **box 1**. Patients must have a confirmed diagnosis of IPF by central review of HRCT (high resolution CT) imaging performed within 1 year and lung biopsy reports if available, in accordance with 2018 ATS/ERS/JRS/ALAT clinical practice guide-line.¹⁴ Patients with per cent-predicted FVC >45%, a ratio of forced expiratory volume in the first second (FEV1) to FVC >0.7, and a diffusing capacity of the lung for carbon monoxide (DLco) corrected for haemoglobin >30% predicted will be eligible to participate. Male patients will have completed family planning and understood the potential risk of testicular toxicity. Women of childbearing potential will have a negative serum pregnancy test before treatment. Both male and female patients must use contraception throughout the study.

Patients with background use of antifibrotic treatment will be defined as patients on pirfenidone or nintedanib for at least 3 months and who are on a stable dose in the 4 weeks prior to screening. Patients without background use of antifibrotic treatment will be either treatment



Figure 2 Study design: approximately 120 patients will be randomised in a 1:1 ratio to receive either placebo or 200 mg of BBT-877 two times per day using an interactive response system (IXRS). Randomisation will be stratified into three groups based on background antifibrotic therapy (no therapy, pirfenidone or nintedanib). The study will include a 6-week screening period, a 24-week treatment period, and a 4-week post-treatment follow-up.

Box 1 Key patient eligibility criteria

Inclusion criteria

- All patients
- \Rightarrow Age >40 years old.
- \Rightarrow Diagnosis of idiopathic pulmonary fibrosis (IPF) in accordance with ATS/ERS/JRS/ALAT guidelines.
- ⇒ Chest HRCT (high resolution CT) performed within 12 months for IPF diagnosis by central review based on HRCT and lung biopsy.
- $\Rightarrow\,$ Able to walk at least 150 m during the 6 min walk test.
- $\Rightarrow\,$ Forced vital capacity ${\geq}45\%$ predicted.
- \Rightarrow Ratio of forced expiratory volume in the first second to forced vital capacity ${\geq}0.7.$
- \Rightarrow Diffusing capacity for the diffusing capacity of the lung for carbon monoxide corrected for haemoglobin ${\geq}30\%$ predicted.
- $\Rightarrow\,$ Absence of IPF improvement in the past year.
- ⇒ Patients receiving either pirfenidone or nintedanib should be on it for at least 3 months and with stable dose in the 4 weeks prior to screening, OR taking neither pirfenidone nor nintedanib. If the patients were on pirfenidone or nintedanib previously, they should have been off for at least 1 month prior to screening.
- \Rightarrow Agree to use contraception methods.

Male patients

- \Rightarrow Have completed family planning, understand the risks of potential irreversible testicular toxicity and agree to participate.
- Exclusion criteria
- \Rightarrow Unable to perform spirometry as per ATS.
- $\Rightarrow\,$ Evidence of IPF exacerbation within 3 months.
- $\Rightarrow\,$ Evidence of emphysema extent greater than the extent of fibrosis.
- $\Rightarrow\,$ History of lung transplant or lung volume reduction surgery.
- $\Rightarrow\,$ Current immunosuppressive condition.
- \Rightarrow Congestive heart failure class III or IV according to New York Heart Association classification.
- \Rightarrow Pulmonary hypertension (PH) requiring PH-specific therapy.
- \Rightarrow Unstable cardiovascular, pulmonary or other disease within 6 months.
- \Rightarrow Lower respiratory tract infection requiring antibiotics within 4 weeks.
- \Rightarrow Interstitial lung disease associated with known primary diseases, exposures and drugs.
- \Rightarrow History of other types of respiratory diseases.
- $\Rightarrow\,$ History of malignancy within the past 5 years.
- \Rightarrow Underwent major surgery within 3 months.
- \Rightarrow Patients unable to refrain use of bronchodilator before assessments.
- ⇒ Use any of the following therapies within 4 weeks before screening and during screening, or planned during the study:
 - \Rightarrow Endothelin receptor antagonists.
 - \Rightarrow Phosphodiesterase type 5 inhibitors.
 - \Rightarrow Prednisone at steady dose >10 mg/day or equivalent.
 - \Rightarrow Strong cytochrome P450 isoenzyme 3A4 and/or P glycoprotein inhibitor.

naive or have discontinued pirfenidone or nintedanib for at least 1 month prior to screening.

Objectives and endpoints

The primary endpoint will be absolute change in FVC (mL) from baseline to week 24. Spirometry measures will be assessed by spirometers (ERT SpiroSphere) provided by the sponsor and reviewed centrally in real time by

Box 2 Key endpoints

Primary endpoint:

⇒ Change from baseline in forced vital capacity (FVC) (in mL) compared with placebo at week 24 stratified by presence/absence of background therapy (standard of care).

Secondary endpoints:

- ⇒ Change from baseline in FVC % predicted compared with placebo at week 24 stratified by presence/absence of background therapy (SoC).
- ⇒ Change from baseline compared with placebo in diffusing capacity of the lung for carbon monoxide at week 24.
- ⇒ Change from baseline in functional exercise capacity as measured by change in 6 min walk distance assessed by the 6 min walk test at week 24, compared with placebo.
- ⇒ Change from baseline in symptoms and impacts from the patient perspective at week 24.
- \Rightarrow Pharmacokinetics of BBT-877, pirfenidone and nintedanib.
- Exploratory endpoints:
- ⇒ Proportion of patients in each group over 24 weeks with major events; respiratory-related mortality, hospitalisation, IPF acute exacerbation.
- \Rightarrow Change from baseline compared with placebo in plasma LPA18:2 at week 24.
- \Rightarrow Change from baseline compared with placebo in HRCT (high resolution CT) parameters at week 24.

Clario throughout the study according to 2019 ATS/ ERS Guideline¹⁵ to ensure the quality of the data. This guideline includes the back-extrapolated volume (BEV) standard as an acceptability criterion for both FEV1 and FVC; however, the study will waive the BEV criterion for FVC acceptability. Quality of FEV1 and FVC of each effort will be determined and unacceptable efforts will be deselected.

Key secondary endpoints will include change from baseline to week 24 in %-predicted FVC, DLco, distance assessed by 6min walk test (6MWT), patient-reported outcomes (PROs) and safety and tolerability. Pharmacokinetics (PK) will be also part of the secondary endpoints.

A key exploratory endpoint will be e-Lung assessment of baseline and follow-up HRCT scans. Sites will be instructed to provide scans of slice thickness <2 mm and a reconstruction increment <2 mm, in accordance with study HRCT reconstruction parameters. We will evaluate baseline CT WRVS levels and compare mean values across trial arms to exclude chance imbalances. We will investigate whether including baseline WRVS as a covariate improves precision, and therefore the power to detect a significant difference between groups. This will be quantified by measuring the R² statistic, with and without WRVS in the model.¹⁶

Finally, we will test the efficacy of BBT-877 on e-Lung biomarkers of disease severity including WRVS, e-Lung volume, ground glass opacification and total disease extent, using similar methods as used for analysis of covariance (ANCOVA) of the primary outcome, and adjusting for the baseline characteristics age, sex, baseline FVC and treatment group. The WRVS is a % score, which quantifies the extent of reticulovascular structures in the lung periphery. Reticulovascular structures are detected by an automated e-Lung algorithm that segments high-density elongated structures within the lung that have a shape and size typical of vessels, honeycombing walls and reticular patterns. These patterns can then be quantified using a weighting based on peripheral volume. The e-Lung volume is the total volume (in mL) of both lungs as measured by automated e-Lung segmentation algorithms. The ground glass opacification score is quantified in % estimating the proportion of the lung parenchyma affected by non-subtle elevations in density typical of ground glass opacification. The total disease extent biomarker quantifies a composite of the totality of reticulovascular structures and ground glass opacification across both lung fields.

Further exploratory analyses will include serial assessment of plasma LPA levels at baseline, week 4 and week 24. Plasma concentrations of LPA 18:2 will be determined using LC-MS/MS method qualified with respect to accuracy, precision, linearity, sensitivity and specificity, with the analytical range of 0.5–100 ng/mL, and the per cent change of LPA 18:2 at each time point will be subsequently determined from the baseline sample. All endpoints are described in box 2.

Statistical analyses

The full analysis set will consist of all randomised patients receiving at least one dose of study treatment and will be used for the primary efficacy analysis. The primary analysis will use a mixed model repeated measures model that includes the change from baseline to each visit in FVC as the dependent variable, the baseline FVC, sex, age as covariates, treatment, visit, the presence/absence of background therapy and their 2-way and 3-way interactions as fixed effects. No imputation will be performed for the primary analysis.

The sensitivity analyses will consider assumptions about missing FVC data at the week 24 visit. A supportive analysis will use an ANCOVA model that includes the change from baseline to week 24 visit in FVC as the dependent variable, the baseline FVC as a covariate and treatment and the presence/absence of background therapy as fixed effects. The second supportive analysis will use the same model as the primary efficacy analysis but will be based on the actual background therapy received for majority of the time, to investigate the impact of changes in the background therapy. Significance testing will be performed using a two-sided approach and 90% CI will be provided.

To detect a 100 mL difference in absolute change in FVC from baseline to week 24 between the BBT-877 treatment group and placebo groups, a sample size of 120 patients (60 per arm) is required. This sample size will provide 80% power to achieve statistical significance, assuming an SD of 220 mL.¹⁷

Study governance

There are no planned efficacy interim analyses. An independent data monitoring committee (IDMC), unblinded to treatment allocation, will regularly evaluate safety and efficacy data throughout the study. The IDMC will provide recommendations to Bridge Biotherapeutics on whether the study should be continued, modified or stopped.

DISCUSSION

Rationale for conducting the study

Pirfenidone and nintedanib are the approved antifibrotic therapies for IPF, known to slow disease progression. Nevertheless, these two antifibrotics do not halt, much less reverse disease and can be limited due to frequently associated gastrointestinal and skin-related AEs.^{2 18}

This is the first reported phase II study of BBT-877 in patients with IPF. It is known that ATX generates LPA, which induces various cellular responses, including proliferation, inflammation, fibrosis and migration.¹ LPAR1 and 2 deficient mice actually showed protective effects against bleomycin-induced fibrosis, suggesting that inhibition of ATX may be a more effective way of targeting LPA-LPAR signal axis.^{7 20 21} Persistence of myofibroblast is one of the key features of IPF pathogenesis, and LPA-LPAR1 signalling promotes resistance to fibroblast apoptosis. In addition, recent evidence suggests that LPA-LPAR5 deactivates CD8 T cells and inhibits their migration and that this is another potential mechanism by which LPA-LPARs drive myofibroblast persistence.²²⁻²⁶ The important role for the LPA-ATX axis in the pathogenesis of fibrosis supports the potential of BBT-877 as a potent ATX inhibitor to be an effective treatment for IPF. Although phase III trials of ziritaxestat, another ATX inhibitor, were terminated early due to its failure to improve clinical outcomes in patients,⁹ preclinical studies show that BBT-877 has a favourable potency and safety profile compared with ziritaxestat.⁸

Rationale for study design

The study population mirrors previous and ongoing IPF clinical trials. In some regards, the study is even more inclusive of a broader population that better represents a real-world population of IPF patients with no upper limit in age, no restriction with regards background antifibrotic therapy and no exclusion of subjects on the lung transplant waiting lists. Antifibrotic drug modification, interruption or discontinuation will be allowed per investigator discretion. Initiation of antifibrotics will also be permitted at the discretion of the investigator during the study. As noted in recent FDA and investigator discussions, FVC has been emphasised as a crucial primary efficacy endpoint due to its biological plausibility and its effectiveness as a surrogate measure for mortality. A number of drugs tested in 12-week FVC studies have subsequently gone onto fail in late phase trials.²⁷ It was therefore felt that a 24-week study should yield a richer

Country	dy Site name	Ethics committee
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Australia	Royal Brisbane & Women's Hospital	Metro North Health Human Research Ethics Committee
Australia	Institute for Respiratory Health	Bellberry Human Research Ethics Committee
Australia	Royal Prince Alfred Hospital	Sydney Local Health District Human Research Ethics Committee
Republic of Korea	Samsung Medical Center	Samsung Medical Center Institutional Review Board
Republic of Korea	Seoul National University Bundang Hospital	Seoul National University Bundang Hospital Institutional Review Board
Republic of Korea	Gachon University Gil Medical Center	,
Republic of Korea		The Catholic University of Korea, Eunpyeong St. Mary's Hospital Institutional Review Board
Republic of Korea	CHA Bundang Medical Center,	CHA University Institutional Review Board
Republic of Korea	Asan Medical Center	Asan Medical Center Institutional Review Board
Republic of Korea	Korea University Anam Hospital	Korea University Anam Hospital Institutional Review Board
Republic of Korea	The Catholic University of Korea, Bucheon St. Mary's Hospital	The Catholic University of Korea, Bucheon St. Mary's Hospital Institutional Review Board
Republic of Korea	Soon Chun Hyang University Hospital Seoul	Soon Chun Hyang University Hospital Seoul Institutional Review Board
Republic of Korea	Severance Hospital Yonsei University Health System	Severance Hospital, Yonsei University Health System Institutional Review Board
Republic of Korea	Kyung Hee University Hospital	Kyung Hee University Hospital Institutional Review Board
Republic of Korea	Inje University Haeundae Paik Hospital	Inje University Haeundae Paik Hospital Institutional Review Board
Republic of Korea	Pusan National University Yangsan Hospital	Pusan National University Yangsan Hospital Institutional Review Board
Republic of Korea	Myongji Hospital	Myongji Hospital Institutional Review Board
Republic of Korea	Ajou University Hospital	Ajou University Hospital Institutional Review Board

Table 1Sites and ethics committees participating in theBBT-877 study

Table 1

Continued

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Country	Site name	Ethics committee
Israel	The Barzilai University Medical Center	Barzilai Medical Center Local Ethics Committee
Israel	Hadassah Medical Center- Ein Kerem	Hadassah University Hospital Local Ethics Committee
Israel	Meir Medical Center	Institutional Helsinki Committee, Meir Medical Center
Israel	Kaplan Medical Center	Kaplan Medical Center Local Ethics Committee
Israel	The Chaim Sheba Medical Center	Institutional Helsinki Committee, The Chaim Sheba Medical Center
Israel	Tel Aviv Sourasky Medical Center Ichilov	Institutional Helsinki Committee, Tel-Aviv Sourasky Medical Center
Israel	Rabin Medical Center	Rabin Medical Center Ethics Committee
Israel	Lady Davis Carmel Medical Center	Central Helsinki Committee, The Lady Davis Carmel Medical Center
Poland	Vitamed Galaj i Cichomski sp.j.	Komisja Bioetyczna przy Bydgoskiej Izbie Lekarskiej
Poland	Pratia MCM Kraków	Komisja Bioetyczna Uniwersytetu Medycznego w Bialymstoku
Poland	Centrum Dentystyczno Lekarskie Promedica Joanna Markiewicz	Komisja Bioetyczna Uniwersytetu Medycznego w Bialymstoku
United States	Renstar Medical Research	Advarra Institutional Review Board
United States	Augusta University	Advarra Institutional Review Board
United States	St. Francis Medical Institute	Advarra Institutional Review Board
United States	Northwestern Memorial Hospital	Northwestern University Institutional Review Board
United States	Loyola University Medical Center	Loyola University Chicago Health Sciences Division Institutional Review Board
United States	Keck Medical Center of USC	Advarra Institutional Review Board
United States	Vanderbilt University Medical Center	Vanderbilt Human Research Protection Program
United States	National Jewish Health Main Campus	Advarra Institutional Review Board
		Continued

Continued

Table 1 Continued			
Country	Site name	Ethics committee	
United States	Medical University of South Carolina		
United States	Central Florida Pulmonary Group PA	Advarra Institutional Review Board	
United States	Hannibal Regional Healthcare System	Advarra Institutional Review Board	
United States	Pulmonary Associates P.A.	Advarra Institutional Review Board	
United States	Southern Arizona VA Health Care System	Advarra Institutional Review Board	
United States	VA Palo Alto Health Care System	Advarra Institutional Review Board	
United States	The Lung Research Center	Advarra Institutional Review Board	
United States	Premier Pulmonary Critical Care & Sleep Medicine	Advarra Institutional Review Board	

dataset, enhancing the overall robustness when interpreting the final study results.

A 1:1 randomisation ratio is adopted, as it is the most efficient and ensures the greatest power to detect differences between the two treatment groups.²⁸

Rationale for dose selection

BBT-877 at a 200 mg two times per day dose will be selected based on results from the phase I first-in-human study, which included single-ascending doses (50 to 800 mg), and multiple-ascending doses administered once daily (200 mg to 800 mg) and two times per day (100 mg to 200 mg) (NCT03830125). All dose levels were safe and well tolerated. Plasma LPA (18:2) inhibition was shown to be over 80% at both 100 mg and 200 mg two times per day.⁸ Consequently, a 200 mg two times per day dose was deemed reasonable, with the option to reduce the dose to 100 mg two times per day for safety reasons, while still maintaining effective exposure at steady state for plasma LPA inhibition.

Rationale for endpoints

The primary efficacy endpoint of this study will be the change in absolute FVC (mL) from baseline to week 24. Change in FVC is highly predictive of outcome and prognosis, as demonstrated by the correlation between treatment effects on FVC and on mortality. Therefore, change in FVC has been commonly used as the primary endpoint in IPF trials and has been used to gain approval of both nintedanib and pirfenidone.²⁷ Patients in this study will

have several FVC assessments performed including baseline, week 4, week 12 and week 24.

The secondary efficacy endpoints will include other methods of assessing the physiological severity of lung disease to be predictive of mortality risk, including change in DLco and 6MWT from baseline to week 24. Additional measures of efficacy will include PROs to evaluate changes in symptoms and their impacts on patients' quality of life throughout the study. Utilising tools including St. George's Hospital Respiratory Questionnaire,²⁹ Living with Idiopathic Pulmonary Fibrosis Symptoms,³⁰ Living with Idiopathic Pulmonary Fibrosis Impacts³⁰ and Leicester Cough Questionnaire³¹ will allow for a comprehensive understanding of how patients feel, ensuring that their experiences and perspectives are integral to the assessment of treatment effectiveness. 6MWT and PROs will provide additional clinically meaningful measures of symptoms and functions which are not fully captured by change in FVC.

Pharmacokinetics (PK) and pharmacodynamics (PD) will involve measuring predose and 4-hour postdose plasma concentrations of BBT-877 at baseline, week 4 and week 24, both alone and in combination with pirfenidone and nintedanib, respectively. This approach will allow for an evaluation of abbreviated PK and PD of BBT-877, providing insights into its pharmacological characteristics. It will also facilitate a preliminary assessment of potential drug–drug interactions.

Computerised evaluation of HRCT imaging at baseline and the end of study applying e-Lung biomarker outputs (WRVS, e-Lung volume, ground glass opacification and total disease extent) will be part of exploratory analyses, to study association with FVC decline and enrich patient recruitment in future studies. The data generated will be used to support any decision to take BBT-877 into later phase trials and furthermore will enable assessment of the relationship between baseline imaging characteristics and subsequent FVC decline. This might enable imaging-based enrichment strategies to be adopted in future studies.

CONCLUSIONS

BBT-877 is an ATX inhibitor currently under clinical evaluation for the treatment of IPF. This drug is being assessed in a phase II study involving patients with IPF. As with other previous phase II studies in patients with IPF, this trial will evaluate efficacy with FVC as the primary objective. Patients will be allowed to continue receiving background antifibrotic therapy, mirroring real-world treatment scenarios. Additionally, this trial aims to generate further clinical evidence on the effectiveness of ATX inhibition as a treatment approach for IPF. It will include the generation of comprehensive PK and PD data, including the impact of treatment on LPA levels and the integration of imaging biomarkers using e-Lung, a novel quantitative CT-based AI algorithm. This information is crucial for understanding the relationship between pharmacological effects and clinical outcomes. By providing these insights, the trial has the potential to offer a new, effective and well-tolerated therapeutic option for patients with IPF. The findings from this study will play a critical role in shaping the next steps in our clinical development strategy. Specifically, they will guide the selection of endpoints and the determination of optimal sample sizes for future pivotal trials.

Ethics approval

The study protocol, informed consent forms, and all related documents will be reviewed and approved by the appropriate institutional review board (IRB) or independent ethics committee (IEC) prior to study initiation. The study will be conducted in accordance with the principles of the Declaration of Helsinki and Good Clinical Practice (GCP) guidelines. Table 1 lists the study sites and the corresponding ethics committees participating in the study.

The IRB/IEC approval number will be provided in the results paper, as it will reflect the final approved version of the protocol, including any amendments made during the course of the study. Including the IRB/IEC approval number in the results paper ensures that readers and regulatory authorities will have access to the complete context of ethical approval corresponding to the fully executed study.

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Contributors This study was a collaborative effort involving multiple authors, each contributing uniquely to its success. TM, SJ, JY and KJK were responsible for the conceptualisation and design of the study. KJK, SJ, JC, PMG and AD contributed to the development of the data collection and analysis plan. The initial draft of the manuscript, along with subsequent revisions, was prepared by TM, KJK, JC, LFS, SJ, JHJ, PMG and AD. Critical review and editing for intellectual content were provided by TM, KJK, SJ, LFS, JC, JHJ, JWS, MRK, LL, TJC and JHJ. SJ supervised the study design, provided guidance and feedback, and is the guarantor of this work, accepting full responsibility for the overall content, including the study's accuracy and integrity. All authors reviewed and approved the final version of the manuscript for publication and agree to take responsibility for their respective contributions to the work.

Competing interests All authors have completed the ICMJE uniform disclosure form. TM has received consulting fees from Boehringer Ingelheim, Roche/ Genentech, Abbvie, Amgen, AstraZeneca, Bayer, Bridge Biotherapeutics, Bristol-Myers Squibb, CSL Behring, Galapagos, Galecto, GSK, IQVIA, Pfizer, Pliant, PureTech, Sanofi, Theravance Biopharma, Trevi Therapeutics and Vicore Pharma and has served on data safety monitoring boards/advisory boards for FibroGen, Blade Therapeutics and NeRRe Therapeutics. Additionally, TM holds stock options in Qureight. JWS has received consulting fees from FibroGen and grants from the National Research Foundation of Korea, the Korean National Institute of Health and the Korean Environment Industry and Technology Institute for work unrelated to this study. JWS has also received personal fees from Boehringer Ingelheim, Bristol-Myers Squibb, Eisai, Taiho Pharmaceuticals, Trevi Therapeutics, Savara Pharmaceuticals, Pulmovent, and Daewoong Pharmaceutical. LL has received consulting fees from Dev Pro Biopharma, Pieris Pharmaceuticals, AstraZeneca, Oxygenium, Roche, OnCusp Therapeutics, United Therapeutics, Bellerophon Therapeutics, Senwha Biosciences Corporation, Daewoong Pharmaceuticals, Daiichi Sankyo, Nashville Biosciences, Veracyte, United Therapeutics, Structure Therapeutics, Fortress Biotech, Tvardi Therapeutics, PureTech Health, SynDevRx, Gossamer Bio, Vicore Pharma, Abbvie, GSK, Pulmovent, Tempus, Grifols, Roivant, and JucaBio, and has served on the scientific advisory board at Tvardi Therapeutics. LL holds stock options at Tvardi and has received research grants from Pliant Therapeutics, Roche, PureTech, Avalyn, FibroGen, Boehringer Ingelheim, Novartis, Celgene, Galecto, Bristol-Myers Squibb, Bridge Biotherapeutics, Horizon, CSL Behring, NeRRe, and GSK for work outside the submitted study. Additionally, LL has received personal fees from Boehringer Ingelheim, Genentech, Veracyte, United Therapeutics, and Clinical Viewpoints and has a patent application pending for 'Aut02 - Respiro'. TJC has received grant support from Boehringer Ingelheim, Pharmaxis, Bristol Myers Squibb, 4D, Roche, Pliant Therapeutics, Bridge Biotherapeutics, and Avalyn Therapeutics. TJC has received consulting fees from Boehringer Ingelheim, Pharmaxis, Bristol Myers Squibb, Ad Alta, Roche, Pliant Therapeutics, Bridge Biotherapeutics, Avalyn Therapeutics, DevPro, and Endeavour BioMedicine. TJC has also received personal fees from Bristol Myers Squibb, Roche, and Boehringer Ingelheim. Additionally, TJC has served on data safety monitoring boards or advisory boards for Boehringer Ingelheim, Ad Alta, Bristol Myers Squibb, Roche, Pliant Therapeutics, Bridge Biotherapeutics, Avalyn Therapeutics. DevPro. and Endeavour BioMedicine. JY has received consulting fees from Bridge Biotherapeutics and the National Heart, Lung and Blood Institute (NHLBI). Institutional grant support was provided by Bayer and the Korean Academy of Tuberculosis and Respiratory Diseases for work outside the submitted study. Additionally, JY is a member of the Scientific Advisory Board for Genentech. PG has received personal fees from Boehringer Ingelheim, Roche, Teva Pharmaceuticals, Cipla, Brainomix, AstraZeneca, Daiichi Sankyo, and Avalyn, and has received support for conference attendance from Boehringer Ingelheim and Roche. Additionally, PMG serves as the Senior Medical Director and holds stock options for Brainomix. AD has received consulting fees from Brainomix and Boehringer Ingelheim. Additionally, AD serves as Medical Director and holds stock options for Brainomix. KK, JC, JHJ and SJ hold stock options at Bridge Biotherapeutics. No other conflicts of interest relevant to this article were reported.

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